



Lincoln



A Title I School

1132 NE 10th Street

541-474-7719

April 2021

Jogathon - Running With Kindness

04/01/2021
by Mrs. Torgerson

Jogathon is fast approaching! This year Jogathon will be held on Monday, April 19th and Tuesday, April 20th. All A schedule students and all 1st graders will run on Monday. The B Schedule students and all 2nd graders will run on Tuesday. Monies raised will go towards playground improvements and other school wide programs. Unfortunately due to the ongoing Covid restrictions we will not be able to have visitors or spectators on campus that day. We would also ask that people not congregate on 10th street during the Jogathon. Thank you for your understanding during these ever changing times. Be sure and mark your calendars for Lincoln's only fundraiser of the year!

Kindergarten & Returning Student Registration

04/01/2021
by Mrs. Torgerson

Kindergarten registration is now open for any child who will be five on or before September 1st. Parents can go to grantspass.k12.or.us to complete their registration. You will need to bring in your child's birth certificate, immunization records and proof of residency (current utility bill or rental agreement). If you are unable to register from home you may come down to the school and use one of our chromebooks. On or around April 5th registration will open for all returning students. Those are students who finished the 2020-21 school year in a District 7 school. You will receive an email from GPSD with instructions on how to access the system for your student. The email will contain a link/instructions and a secure "snapcode" that links directly to your student's information.

Character Trait for April - Integrity

04/01/2021
by Mrs. Smith

For the month of April teachers are looking for students who show integrity. What is integrity? Integrity is doing the right thing even when no one is looking. True integrity is abiding by the rules because you know that it's the right thing to do. A child might show integrity by holding the door open for someone, giving up their seat for an older person, turning in money they find on the ground and by not gossiping about other students. At the end of the month the students chosen will have their picture taken and the picture will be displayed on the CHARACTER board in the front office. Students will also receive a special treat. Please talk with your child about what it means to have integrity.

Attendance Reminder

04/01/2021

by Mrs. Torgerson

Just a reminder that as we head into the home stretch of this unprecedented school year we would like our students to finish strong. That means that not only do we want to see our students on their in-person learning days, but also on Canvas on their hybrid days. If your student is having trouble logging onto their Canvas page please reach out to their teacher or to the front office and we can assist them in finding a solution. Please communicate with your child that attendance matters! Thank you for your help in ensuring your student finishes strong!

Deep Kindness Book Study

04/01/2021

by Mrs. Smith

This year, our school staff has been using the book, Deep Kindness, by Houston Kraft to guide our thinking and work. Deep Kindness reminds us that when we show up in our lives with empathy, compassion, and love, our world changes for the better. This book will be the foundation for the work that we will do together in the years to come, starting right now. I would love to run a book study for any parents or guardians that would like to join! You can purchase the book on Amazon (make sure to use Amazon Smile so our school gets supported!) at the link below. If purchasing the book is not feasible for you at this time, just let me know and you can check a copy out from me. I do not want purchasing the book to be a barrier. I am absolutely willing to be flexible and work around schedules. Once I know who is interested, the group can determine what time is best. I am happy to lead in the evenings over zoom! I would like to do a once a week book study over the course of a few weeks meeting a couple of hours at a time. If you are interested in joining our book club, please respond to my email and let me know if you will be purchasing the book, or if you would like to borrow one and check it out. I look forward to digging in and learning with you all! Together, the work we do makes a difference. Link to more information: <https://deepkindness.com/> Link to purchase the book: <https://www.amazon.com/Deep-Kindness-Revolutionary-Guide-Think/dp/1982163100>

Nurse's Notes

04/01/2021

by Martha Covrig, RN, MPH Dotsie Bennett RN, MSN

With the possibility of first grade coming back full time we need to keep doing our best to keep the spread of COVID down, which will also mean a better chance for the rest coming back. We should keep encouraging our children to use those healthy habits we have been training them to do as well as being a good example. We can help prevent the spread of diseases by some simple steps that we have been hearing a lot about over the past year. Hang in there, and keep up the good work:

- Remind your child to cover his/her nose and mouth with a tissue when sneezing or coughing, dispose of the tissue immediately, and wash hands-never reuse a tissue!
- Wash hands frequently with soap and warm water for at least 20 seconds
- Wear a clean* mask daily-it should cover nose and mouth
- Disinfect frequently-touched surfaces and shared items at least once a day
- Ensure that bathrooms are stocked with soap, hand towels and tissues
- Teach your child not to touch his/her mouth, nose and eyes (or mask)
- If your child is sick and has a fever, keep him/her at home to prevent the spread of illness to others (including quarantining 10 days when they have COVID-19 symptoms and always stay home until fever free 24 hours without the use of medication)
- Stay 6 feet from others--that you don't live with...and avoid any close contact with sick people
- Consider a flu and COVID-19 vaccine for those that are of age.

Allergy season is right around the corner. An allergy is the body's overreaction to an allergen such as pollen or grass that makes the body itch, have a runny nose, redness, etc. Yes, and sneezing too. Another reason to use good tissue hygiene... Allergies tend to run in families, so parents who have allergies are more likely to have kids that have them too. Seasonal allergies can be managed by avoiding exposure to the cause of the allergy when possible, and by getting medicine to help reduce the effect of the allergy on the body. Talk to your doctor about what kind of medicines would be right for you or your child. *<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/how-to-wash-cloth-face-coverings.html> (Flu information adapted from the National Association of School Nurses and Center for Disease Control) Dotsie Bennett, RN, MSN, dbennett@grantspass.k12.or.us (Highland, Lincoln, Riverside, North MS and shared responsibility for GPHS and Gladiola) Martha Covrig, RN, MPH, mcovrig@grantspass.k12.or.us (Allen Dale, Parkside, Redwood, South MS and shared responsibility for

Important Dates to Remember in April & May

04/01/2021

by Mrs. Torgerson

4/08 - Site Council Meeting 2:30pm Via Zoom

4/19 - Jogathon/A Group & 1st Grade

4/20 - Jogathon/B Group & 2nd Grade

4/21 - PTA Meeting Via Zoom 2:30pm

4/22 - Jogathon Make Up Day/ A Group

4/23 - Jogathon Make Up Day/B Group

5/13 - Site Council Meeting/Via Zoom 2:30pm

5/19 - PTA Meeting/Via Zoom 2:30pm

5/31 - No School/Memorial Day