

Redwood Review

Novedades de Redwood

3163 Leonard Road Grants Pass, OR. 97527

<https://www.grantspass.k12.or.us/Domain/12> : 541-474-5775

Principally Speaking

Happy February Redwood Families!

There are a lot of great things happening here at Redwood and a few ways that you can get involved. Have you heard about the study around ACEs (Adverse Childhood Experiences) and the impact on education up through adulthood. Maybe you have and would like a refresher. Are you curious about the study? The Redwood staff have all been trained and will often get a refresher. There is an ACEs informational night coming up February 19th at 5:30. Please watch for more info to come home. Open to the public! Hope to see you there!

Do you like to do a little research? The Redwood staff has been investing a lot of their Professional Development time to learning more about Positive Discipline. If you'd like to learn more, please visit the following website:

<https://www.positivediscipline.com/>

The coolest part is that there is a parent piece too! There are many resources including free downloads, books, podcasts, etc.

Here is a peek at the FIVE CRITERIA FOR EFFECTIVE DISCIPLINE

- 1) Helps children feel a sense of connection. (Belonging and significance)
- 2) Is mutually respectful and encouraging. (Kind and firm at the same time.)
- 3) Is effective long - term. (Considers what the child is thinking, feeling, learning, and deciding about himself and his world – and what to do in the future to survive or to thrive.)
- 4) Teaches important social and life skills. (Respect, concern for others, problem solving, and cooperation as well as the skills to contribute to the home, school or larger community.)

ELEGIR

AMABILIDAD



CHOOSE
KIND

Upcoming Events

February 4

2:30 PTA Meeting

February 5

1:00 Battle of the Books Practice

7:00 pm Strings Play In GPHS Gym

February 12

1:00 Battle of the Books practice

February 14

NO SCHOOL

Professional Development Day

February 17

NO SCHOOL

President's Day

February 19

10:30 Battle of the Books Preliminary Battles

5:30 ACES night at Redwood

February 20

10:30 Battle of the Books School finals

1:30 and 6:30 4th Grade Nature Music Program

5) Invites children to discover how capable they are.
(Encourages the constructive use of personal power and autonomy.)

I am very proud of our school. We just got done with our Universal Screening Meetings where we review our school's data mid-year and our attendance, math and reading data is looking great right now! Keep up the hard work Roadrunners!

Your Proud Principal,
Mrs. Mooney



Office Download

We are looking for gently used boy's sweats and shoes.

Battle of the Books

Battle of the Books is going great! Keep up the reading! We have some awesome titles this year! Several of the teachers are reading these books right along with you! Make sure to notice the posters with the book covers in the entrance. The teachers with their photos on the posters have read those books! AND we are taking the AR tests too! Mrs. Logue is on her last book to complete all ten! Come ask us about the books, we love sharing our thoughts about them with you! Good luck to all of the teams!

PTA Scoop

Thank you to all who attended our fundraising meeting. It is wonderful that our school has so much support! Our next PTA meeting is February 4th at 2:30 in the library, we have lots of things to plan for as the school year continues, so please join us. We also have two popcorn Fridays scheduled for February 7th and February 21 (weather permitting). T-shirts are once again in stock and for sale for those who are interested.

Cafeteria Dish

ALL Redwood Students eat FREE this year for breakfast AND lunch. Please take advantage of this wonderful program! If your child brings their own lunch from home and needs a milk, the cost is \$0.50. WE can NOT heat up their food from home. On sack lunch days we do not offer silverware. If you ever have any questions, please stop in. Tamara McCurry

Cub Scouts

Cub Scouts are open to girls and boys from K – 5 grade. We meet every Tues., at 6:30 PM, in the cafeteria. It's almost Pinewood Derby season!!! Call Lynda, 541-659-0185, for more info.

Classroom Roomers

4th grade- All 4th graders will be participating in the Ross Roe Memorial Tree Plant on Friday, Feb. 7th from 8:30 until 11:30 am. Dress warm!!!

Title 1

How Parents Can Support the Common Core Reading Standards

The Common Core State Standards are national standards that say what K-12 students are expected to learn in math and the English language arts. For older students, the standards expand to include literacy in history/social studies, science and technical subjects.

Range of Reading and Level of Text Complexity

What it means: Teachers will be using a variety of techniques to introduce a range of books and other written material that both support and challenge a child's reading level. This may include nonfiction and fiction, infographics, poetry and more. This will be done with the ultimate goal of making sure students understand what they're reading.

How parents can help: Parents can help promote their child's skill while developing their reading stamina (ability to "stick with it."). This means helping them avoid frustration or anxiety about tackling a harder book. Support your reader by talking through some of the things that make a text complex, including multiple levels of meaning, inferred information (implied rather than clearly stated) or more sophisticated graphics.

Nurse's Helping Hand

NURSE'S NOTES NURSE'S NOTES NURSE'S NOTES NURSE'S NOTES

Cold and Flu season is well under way, and it is important that we work together to keep our children healthy. Viruses spread easily among children. You can help prevent the spread of illness and flu or help your child get better if he/she does get sick by following a few simple steps:

- You and your child could benefit from getting a flu shot
- Remind your child to cover his/her nose and mouth with a tissue when sneezing or coughing and dispose of the tissue immediately
- Wash hands frequently with soap and warm water for at least 20 seconds
- Disinfect frequently-touched surfaces and shared items at least once a day
- Ensure that bathrooms are stocked with soap, hand towels and tissues
- Teach your child not to touch his/her mouth, nose and eyes
- If your child is sick and has a fever, keep him/her at home to prevent the spread of illness to others (including staying home until fever free without the use of medication)
- Try to avoid close contact with sick people

Common symptoms of flu include: high fever, severe headache, muscle and body aches, exhaustion, and dry cough. Additionally, children often exhibit other flu symptoms that are rare in adults, such as nausea, vomiting and diarrhea. If your child develops symptoms and you are concerned that they might have the flu, call your doctor early, especially if they have a chronic disease (eg. asthma). The physician may prescribe an antiviral medication, which can help lessen the duration of the virus and reduce the risk of complications, such as pneumonia. To be effective, antiviral medication should be taken within 12-48 hours after flu symptoms begin.

Remember, Immunization Exclusion Day is Wednesday, February 19, 2020

If your child is missing any school required immunizations, or if you have not shared the up-dated record with the school, please do so as soon as possible, so that they won't miss school.

Martha Covrig RN BSN, MPH, GP#7 District Nurse (Flu information adapted from the National Association of School Nurses and Center for Disease Control)

Music Notes

The Redwood Fourth grade students will be presenting a program on February 20th at 1:30 and again at 6:30pm all to do with "Nature." They are working very hard on learning songs and memorizing the words and will be excited to perform.

Honor Choir try outs for 4th and 5th grade are starting now. Parental permission slips will come home soon. Rehearsals will not start until March.

Student Council

Student Council will be selling Valograms for 50 cents each February 4th-7th and February 11 and 12th.

Buy a Valogram to spread kindness and show someone you care! They will be for sale before school by the office.

Giving back!! Support ALS!

We will be having a coin drive the month of February.

Bring in as many coins as you can to support this wonderful cause! There will be large containers by the office for each grade level to deposit their coins.

February

						1
2 	3	4 2:30 PTA Meeting 6:30 Cub Scouts	5 1:00 Battle of the Books Practice 7:00 pm Strings Play-in GPHS Gym	6 6:00 Girl Scouts	7	8
9	10	11 6:30 Cub Scouts	12 1:00 Battle of the Books Practice	13 6:00 Girl Scouts	14 NO SCHOOL 	15
16	17 NO SCHOOL 	18 6:30 Cub Scouts	19 10:30 Battle of the Books Preliminaries 5:30 ACES night	20 10:30 Battle of the Books School finals 1:30 and 6:30 4 th Grade Music Program	21	22
23	24	25 6:30 Cub Scouts	26	27 6:00 Girl Scouts	28	29