

7th Grade Student Schedule:

7:30 – 8:30	Wake-Up, eat breakfast
8:30 – 9:15	Take a walk or engage in physical activity, read, engage in Applied Learning (If applicable)
9:15 – 9:30	Log on early to ensure you are on-time to Period ¼
9:30 – 10:20	Period 1 or 4 (Teacher Facilitated Learning)
10:20 – 10:30	BREAK
10:30 – 11:20	Period 2 or 6 (Teacher Facilitated Learning)
11:20 – 12:30	Lunch, movement break, read, engage in physical activity
12:30 – 1:20	Period 3 or 7 (Teacher Facilitated Learning)
1:20 – 1:30	BREAK
1:30 – 2:00	Designated Office Hours for students to access teachers
2:00 – 3:00	Care & Connect with staff, applied learning for the three periods students were not live with teachers, homework, projects, independent reading, submit assignments in Canvas, Imagine Math, Read-180, listen to a podcast, practice on instruments,