

7th Grade Student Schedule:

7:30 – 8:30	Wake-Up, eat breakfast
8:30 – 9:15	Take a walk or engage in physical activity, read, engage in Applied Learning (If applicable)
9:15 – 9:30	Log In early to ensure you are on-time to Period 1 or 5
9:30 – 10:20	Period 1 or 5 (Teacher Facilitated Learning)
10:20 – 10:30	BREAK
10:30 – 11:20	Period 2 or 6 (Teacher Facilitated Learning)
11:20 – 12:30	Lunch, movement break, read, engage in physical activity
12:30 – 1:20	Period 3 or 7 (Teacher Facilitated Learning)
1:20 – 1:30	BREAK
1:30 – 2:00	Designated Office Hours for students to access teachers
2:00 - 3:15	Care & Connect with staff and students, applied learning for the three periods students were not live with teachers, homework, projects, independent reading, submit assignments in Canvas, Imagine Math, Read 180, listen to a podcast, practice on instruments, check-in with teachers, etc.

A Days	B Days
1 st period	5 th period
2 nd period	6 th period
3 rd period	7 th period

On “A Days,” you will be live with those teachers. You will also be expected to engage in work with your “B Day” classes.

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