

# School District 7 School-Based Health Center

## Frequently Asked Questions

### What is a school-based health center?

School-Based Health Centers (SBHCs) are medical clinics that offer primary care services either within or on the grounds of a school. With easy access to health care in a school setting, SBHCs reduce barriers such as cost, transportation and concerns surrounding confidentiality that often keep children and youth from seeking the health services they need. SBHCs provide a full range of physical, mental and preventive health services to all students, regardless of their ability to pay.

### Who works at the school-based health center?

The SBHC will be staffed by a primary care provider (i.e., doctor, nurse practitioner or physician assistant), other medical, mental, or dental health professionals and support staff such as a medical assistant or receptionist.

#### Providers:

**Amber Ihander, PA-C** - Amber is a Physician Assistant with a Masters in Physician Assistant Studies from Marquette University and has basic life support certification. She enjoys backpacking, camping, gardening, cooking and playing with her pets.

**Paloma Kolkow, FNP** - Paloma is a Family Nurse Practitioner with a Masters of Science in Nursing from Gonzaga University and has basic life support certification. She enjoys spending time with her family, traveling, outdoor activities and music.

### What services will the SBHC offer?

- Routine physicals, well-child exams and sports exams
- Diagnosis and treatment of acute and chronic illnesses
- Treatment of minor injuries/illnesses (i.e. provide band-aids, ice packs, cough drops, etc.)
- Vision, dental and blood pressure screenings
- Vaccination administration
- Alcohol and drug treatment and prevention
- Deliver preventive health and wellness education

- Counseling and referral for mental health concerns
- Provide reproductive health services
- Health and wellness classroom education
- Medication prescription
- Help students find social support

### Will I get a bill?

Although many services are provided free of charge, the SBHC can bill most health insurance plans when appropriate, as well as provide a sliding fee discount for students who qualify. *(Eligibility for the slide program is based on your household size and income.)* Applications for the slide program will be available in the SBHC.

We make every attempt to contact parents before doing a "billable" visit to make sure it is OK for us to see their child. If they are on Oregon Health Plan and have been verified THAT DAY, or are on the SBHC Slide Program, those parents will not get a bill and therefore will not be contacted.

### What if my child already has a primary care provider?

Even if your child is seen at the SBHC, they are encouraged to keep their primary care provider. If necessary, SBHC staff will coordinate care with your child's provider outside of the SBHC.

### What if my teen is looking for contraception?

The SBHC does not dispense contraceptives. We will provide counseling and refer them off-site to their primary care provider.

### When will the SBHC be open?

The SBHC will be open Monday - Friday from 7:30am - 1:30pm on school days.

### Where is the SBHC located?

The SBHC is at Grants Pass High School, 830 NE 9th Street, next to the attendance office in room 147.

**MEDICAL | DENTAL | PHARMACY | WALK-IN CLINIC | HEALTHY FAMILIES**

1701 NW Hawthorne Avenue • Grants Pass  
25647 Redwood Highway • Cave Junction  
www.siskiyouhealthcenter.com  
(541) 472-4777



**Siskiyou Community  
Health Center**

*This institution is an equal opportunity provider and employer.*