

Dear Family,

As you may know, we are using the *Second Step* program in your child's classroom. The *Second Step* program teaches children important skills for getting along with others and doing well in school. It also helps our school be a safe and supportive place where everyone can learn.

To help make our school even more safe and supportive, we are also going to use the *Second Step* Child Protection Unit (CPU). In these lessons, students will learn three types of skills:

- **Personal Safety.** Students will learn important safety rules, such as safety with guns, sharp tools, and fire, and when riding on wheels or in cars. They will also learn ways to help them decide if something is safe or not.

Touching Safety. Students will learn about safe, unsafe, and unwanted touches, and rules about touching private body parts. They'll also learn to say no to unsafe or unwanted touches, and to tell an adult if someone breaks rules about touching private body parts. One rule your child will learn is the Touching Rule: A person should never touch your private body parts except to keep you healthy. Learning the Touching Rule will help your child recognize sexually abusive touch so he or she can say no and tell an adult about it. Children can find it hard to tell adults about sexual abuse because they don't know the words to use. Correct anatomical words for private body parts and the term 'private body parts' will be referenced in the CPU lessons. This gives children the words to use and helps them know it is okay to talk about those body parts with a trusted adult. You can help your child by teaching him or her the correct (anatomical) words for private body parts and explaining that the parts of the body covered by a swimsuit are 'private body parts'.

- **Assertiveness.** These lessons will also give students a chance to practice asking an adult for help, telling an adult about an unsafe situation, and being assertive to get out of unsafe situations.

To keep your child safe and protected, everyone at school needs to be involved. So all our staff will continue to receive special training in how to:

- Recognize and report suspected child sexual abuse
- Respond to and support children who have been abused or who are facing other challenges
- Use strategies that promote a safe and supportive school climate

If you have any questions about the Child Protection Unit, the *Second Step* program or would like to review the curriculum, please contact me and I will have the materials available. **We will be presenting the Second Steps lessons on _____.**

Go online to **SecondStep.org** and log in with the Activation Key **CPU2 FAMI LYG2** to get more information about what your child is learning in the *Second Step* program. Thank you for helping us to make our school a safe and supportive place where everyone can learn.



Go online today

SecondStep.org Activation Key

CPU2 FAMI LYG2