



Highland Newsletter

January / February 2019



Highland Elementary School
Phone 474-5765 Fax 474-5767

Highland Elementary is a Title One School

PRINCIPAL'S MESSAGE

Happy New Year!

Hard to believe it's 2019 and the first four months of the school year are well behind us. I hope the holiday season provided an opportunity for rest and renewal. In January we will have our second round of Universal Screening Meetings in which we look at reading and math progress in order to help determine areas of strength and need for every student. On January 24th we will have our Literacy Night. It looks to be a fun family night of celebrating reading together. Speaking of reading, January and February are the peak months for our 3rd, 4th, and 5th grade students who are participating in Battle of the Books. I encourage you to talk to your students about the books they are reading. Ask questions that force your child to really process the events of the story.

This time of year typically brings with it some predictable obstacles; namely the weather and flu season. At the time I am writing this, the predictions are for a mild and wet winter, but we all know how quickly that can change. Stay tuned to the school district website and local TV and radio if you are ever unsure about school closures. I will also send out a text remind. If you haven't signed up for my text remind I will include the instructions at the end of this letter*. Just over half of our families have signed up and it proved a very useful tool with our recent power outages during the school day.

We value sharing at school; however, the flu bug is not what we had in mind. If your student has a fever or flu symptoms please keep them home until they are feeling better. Hand washing with soap is probably the single most important thing we can do to keep from sharing our germs. Thank you for your help in keeping our kids as healthy as possible.

Our PTA continues to do amazing things around our school. Very soon you will be seeing landscape improvements, a monitor for announcements in the main lobby, and some exciting upgrades to our library. We are so thankful for their continued work on behalf of our students, teachers, and families.

Please continue to communicate with your child's teacher or myself as needs and concerns arise.

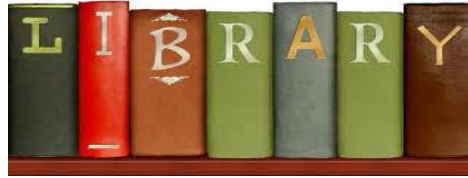
Highland Hawks - let's get ready to soar through 2019.

Your Principal,
Mr. Van Manen

**To sign up for important updates from Mr. Van Manen, text the message @8e6k82 to the number 81010*



"Together, we learn and grow"



From the Library

By Julie Kriz, Library Technician

The library is always buzzing with activities to help students become lifelong readers! Two special activities are going on presently. Battle of the Books started the first week of December. Students in grades 3 through 5 who have turned in a permission slip are allowed to participate. The participants are reading from a list of ten books. They must read a minimum of 2 books to qualify to be on a team. Teams will be formed by randomly selecting a third, fourth and fifth grade student for each team. The teams then continue to read at least another two books from the list in order to stay on their team and be able to compete in the Battle. The top two teams at Highland will go on to compete in the District Battle of the Books competition. Below are important dates:

- January 10: Two books read and AR tests passed at 80% or higher
- January 14: First team meeting
- February 8: Four total books read and AR tests passed at 80% or higher
- February 11: Team Practice
- February 21: Highland’s Battle of the Books Competition, 8:30 am - 10:00 am
- February 21: Highland’s Battle of the Books Final Round of Competition, 1:15 pm -2:00 pm
- March 6: District Battle of the Books Competition, Highland, 2:45 pm -5:00 pm

Another upcoming activity is our **genre tags** program. This activity is for students in grades 1-5, and will begin in January or February this year. It lasts for 3 months. Students who read a book fitting the “genre of the month” will earn a metal dog tag representing that genre. Students who earn all three tags will receive a lanyard on which to put the tags.

Burr! It’s Cold Outside! Put on your pajamas and join us for an evening of fun! On Thursday, January 24th from 6:00 PM - 7:30 PM, Highland School will be hosting Literacy Night.

There will be something for everyone in the family to enjoy!

- **Listen** to live readings by staff and other Home Town Heroes!
- **Read** stories and books written by Highland students.
- **Play** reading games with your family and friends.
- **Shop** for a book from The Book Shoppe for a book to take home.
- **Write** and illustrate your own story with your family.
- **Enjoy** a cookie and hot cocoa.
- **Pick up** some useful information to take home (for parents).



We will be collecting gently used book donations to give away in The Book Shoppe. Please drop them off in the boxes located in the front office.

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NURSE’S NOTES NURSE’S NOTES NURSE’S NOTES NURSE’S NOTES NURSE’S NOTES

Pediculosis, or head lice, is a condition that affects approximately six to 12 million children between the ages of three and 12 years of age. Head lice are parasites that are generally found on the scalp, around the ears, and at the back of the neck. An adult louse is about the size of a sesame seed, and can be a reddish brown color. Eggs, or nits, are smaller and may appear yellowish, white or silver in color.

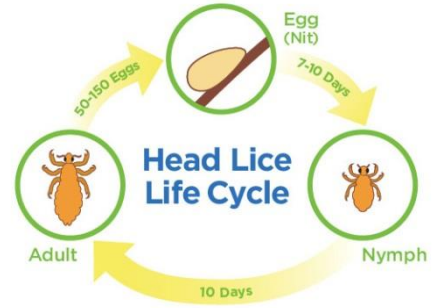
Head lice are not a sign of poor hygiene and they do not transmit disease. Transmission from one child to another is most commonly spread by direct head-to-head contact. It is also possible, but not common, to spread head lice by sharing of personal items such as combs, brushes, caps, helmets, or towels. Keeping long hair contained in braids and ponytails can help prevent spread.

Parental observation and monitoring plays an important role in a child’s health. While lice are spread more easily in younger children, it is important to check everyone in the family if one has a case. Signs and symptoms of possible head lice include itching, scratching, sores on the head caused by scratching and a tickling feeling. Checking your child’s hair regularly can save you a lot of time if you identify a case of lice early—before it has become a huge problem. You should check your child’s hair daily for two weeks after having a case of head lice. Use safe and effective products to treat lice, that you can get over the counter and by doctor’s prescription, (it is important to follow the directions carefully), in addition to nit picking with a fine-tooth comb (metal combs are usually more effective). It is also important to be aware that some studies have shown that head lice are learning to develop resistance to these products, in much the same way that bacteria have developed resistance to antibiotics. Please contact your doctor/care provider if you are seeing signs of possible resistance. Parents should also use hot water to wash in all recently worn clothing, hats, used bedding, and towels, or dry-clean items. Personal care items such as combs, brushes and hair clips should also be washed in hot water. Items that can’t be washed can be sealed in a bag for two weeks.

Finally, a once a week head check is a good routine to prevent a case of lice from becoming an overwhelming problem. Letting the school know when your child has a case helps them monitor for outbreaks. The following website has some reliable information about lice.

<http://www.cdc.gov/parasites/lice/head/index.html>

Martha Covrig RN BSN, MPH, GP#7 District Nurse



Free Breakfast and Lunch for all students!

All enrolled students of **GRANTS PASS SCHOOL DISTRICT NO. 7** are eligible to receive a healthy breakfast and lunch at school at **no charge** to your household each day of the 2018-2019 school year. No further action is required of you. **Your student(s) will be able to participate in these meal programs without having to pay a fee or submit an application.**

LUNCH/ RECESS SCHEDULE

GRADE	LUNCH/ RECESS
Kindergarten	11:05 - 11:50
1 st Grade	11:10 –11:55
2 nd Grade	11:35 - 12:20
3 rd Grade	11:40 - 12:25
4 th Grade	12:05 - 12:50
5 th Grade	12:10 –12:55



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CAMPUS CLOSET

Campus Closet is a program supported by United Community Action Network (UCAN) and the many volunteers in the community that make this service possible. It serves students from families with limited income or other emergency needs. It is located at the United Community Action Network building, on the corner of 7th and Manzanita, 125 Manzanita Ave, in Grants Pass. The entrance to the program is located on the left hand side of the building at the R.S.V.P entrance. Rebecca de Greyt, RSVP Program Manager and community volunteers operate this program. They only have the capacity to serve students enrolled in grades K-12. (Sorry no preschooler or infant clothing is available).



Parents must first obtain a voucher from their child’s school, and may make two (2) visits during the school year. Campus Closet is always in need of **clean gently used school clothes that are in current style**.

We also accept cash donations and can provide a receipt for tax purposes. You mail your checks to RSVP-Campus Closet C/O UCAN-Rebecca de Greyt, 125 NE Manzanita, Grants Pass, OR 97526. Cash donations are used to purchase new socks and underwear, as well as other items of clothing or shoes.

If you are interested in volunteering with Campus Closet, please contact Rebecca de Greyt at 541-956-4474 or by email at rebecca.degreyt@ucancap.org . There are many opportunities for sorting clothing donations, washing or mending, and working at Campus Closet during our shopping hours.

**Highland Hawks Student Store will be open from
11:20-12:30 on 1/10 & 2/14**



Stop by or send your Hawks with cash to purchase items

\$0.25 Pencil	\$1.00 License Plate Holder	3.50 Aluminum Water Bottle
\$0.25 Eraser	\$1.00 Folder	\$8.00 Adult/Youth T-Shirt
\$0.25 Sticker	\$1.00 Plastic Water Bottle	\$10.00 Backpack
\$0.50 Window Cling	\$1.00 Wallet	\$10.00 Beanie
\$0.50 Wristband	\$1.50 Book-light	\$10.00 Cadet/Baseball Cap
\$0.75 Keychain	\$1.50 Totes	\$18.00 Adult/ Youth Sweatshirt

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DAILY DROP-OFFS AND PICK-UPS

Thank you for helping keep kids safe by following our guidelines and procedures. Please do not park in the bus lanes or block private driveways when dropping and picking up your children. If you are dropping your student off at the main entrance, please use the yellow curb as an indicator of when it is safe for your child to exit your vehicle.

Be Safe

- Arrive between 7:30-8:00 a.m.
- If you arrive before 7:45 a.m., walk directly to cafeteria or library.

Be Respectful

- Use courteous indoor voices
- Keep body and belongings under control

Be Responsible

- 7:30-7:45 a.m. remain in cafeteria/library and behind yellow lines
- Walk directly to class in a timely manner



LOST & FOUND

Our Lost & Found area is quite full of all of our winter layers! Please talk to your student and have them check for items belonging to them. Our Lost & Found has been relocated to the hallway at the south end of the school. Items not claimed will be donated to Campus Closet.

TARDIES, EARLY DEPARTURES & ILLNESSES

Tardiness and early departures can affect a student’s learning. A student is marked tardy if they arrive after 8:00 a.m. or leave before 2:15 p.m. Additionally, please call the office by 8:00 a.m. if your child is ill and will not be attending school that day.

ON-SITE CHILD CARE

Day Care is offered after school on campus by On Campus Kids in the cafeteria. For information call On Campus Kids After School Enrichment program. oncampuskidsenrichment.com

School Board Meetings

Meetings are held the second Tuesday of each month at 4:00pm in the Boardroom @ 725 NE Dean Drive. Please call 541-474-5700 for more information.

Practice mindful relationships

Even though mindfulness is a very introspective activity, it can have a positive impact on our relationships. Think of things you can do for others. Even small acts of kindness will improve your relationships and help enhance your compassion.

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2019 Calendar

JANUARY / FEBRUARY



JANUARY, 2019

01 – New Year’s Day	No Classes
07 – Classes Resume	
7-11 5 th Grade Science Works	Classrooms
08 - PTA Meeting	2:30 pm – 3:30 pm Library
10 – PTA Student Store	11:20 am – 12:30 pm
10 - Bug Guy	Rooms 3 & 17
10 – Battle of the Books	AR Test Deadline 2:15 pm
14 - Battle of the Books	First Team Meeting
15 - National Hat Day	
15 - Bug Guy	Rooms 8 & 13
21 - Martin Luther King Day	No Classes
24 - Literacy Night	6:00 pm – 7:00 pm
25 - Professional Dev. Day	No Classes
28 - Bug Guy	Room 1

FEBRUARY, 2019

05 - PTA Meeting	6:30 pm – 7:30 pm Library
08 - Battle of the Books	AR Test Deadline 2:15 pm
11 - Battle of the Books Team Practice	
11-13 Kid’s Smile Dental Van	Morgan Lane
14 - Valentine’s Parties	1:15 pm – 2:00 pm Classrooms
14 - PTA Student Store	11:20 am – 12:30 pm
15 - Professional Dev. Day	No Classes
18 - President’s Day	No Classes
21 - Battle of the Books Competition	8:30 am – 10:00 am Classrooms
21 - Battle of the Books Finals	1:15 pm – 2:00 pm Gym
25 - Buy Guy	Rooms 9 & 19
28 - 1 st and 2 nd Grade Music Program	1:00 pm & 2:00 pm Gym

*Please visit Highland’s Website calendar for additional events at
<http://grantspass.schoolwires.net/Domain/9>



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