



# Panther Press



Allen Dale Elementary School  
Phone 474-5760 Fax 474-5762

November 14<sup>th</sup>, 2019

School-wide title One School  
<http://www.grantspass.k12.or.us>



## Allen Dale Family Holiday Meal Thursday, November 21<sup>st</sup>!

Please join us for our annual  
holiday meal on Thursday,

November 21<sup>st</sup>. Turkey and all the trimmings will be served. We will start serving a bit earlier than usual with Kindergarten at around 10:45. Adult meals will be \$5.00, student meals are free. Non-student children meals will cost \$3.00. PARENTS, GRANDPARENTS, AND SIBLINGS ARE WELCOME TO ATTEND.

### LUNCH TIMES (Approximate)

Kindergarten	10:45	3 <sup>rd</sup> Grade	11:45
1 <sup>st</sup> Grade	11:15	4 <sup>th</sup> Grade	12:00
2 <sup>nd</sup> Grade	11:30	Explorations	11:35
5 <sup>th</sup> Grade	12:15		

*\*Volunteers – If you are available and interested in helping serve the meal please contact the school or go on-line on the Parent Volunteer Web site at:*

[www.allendalepta.my-pta.org](http://www.allendalepta.my-pta.org)



## KIDS 4 Kids Food project



*Please join us in this opportunity for kids to help kids that may be less fortunate. Any non-perishable items will be accepted, requested items are:*

Proteins: Peanut Butter, protein bars, trail mix, canned tuna or chicken, beef chili, canned pastas with meats like ravioli & spaghetti & soups like chicken noodle

Canned fruits & vegetables: Peaches, pineapple, fruit cocktail, applesauce, corn, green beans

Cereals & grains: Hot cereals such as oatmeal, Cream of Wheat, Malt-o-meal and breakfast bars or dry cereal low in sugar and made from whole grains

Pasta: Spaghetti sauce and boxed mac & cheese

Other items: Dried fruit, shelf stable juices and milks, jams or jelly, cooking oil, toothbrushes or toothpaste, baby supplies (diapers, wipes, rice cereal, jars of baby food)



**Drop off donations in classrooms please**

## November Calendar

- 15 Popcorn Day
- 19 Good News Club  
Robotics/ Chess Club  
NO Art Club
- 21 Family Holiday Meal – 10:45 a.m.  
Robotics/ Chess Club
- 22 Popcorn Day
- 25-27 **NO CLASSES – Conferences**
- 28 **NO CLASSES – Holiday**
- 29 **NO CLASSES – Holiday**



## December Calendar

- 2 Battle of the Books Kick-off
- 3 Good News Club  
Robotics/Art Club/Chess Club
- 5 Robotics/Chess Club/Racquet Club
- 6 Popcorn Day
- 10 Good News Club  
Robotics/Chess Club
- 11 Kid Smile Dental Van
- 12 Robotics/Chess Club/Racquet Club
- 13 RAH Movie  
Popcorn Day
- 17 NO Good News Club
- 5<sup>th</sup> Gr. Holiday Program-1:15 & 6:30 PM**
- 17-19 Holiday Book Fair/Gift Shop
- 19 Family Sing-A-Long – 6:30 PM**
- 20 All School Sing-A-long – 8:15 AM  
Popcorn Day
- 12/23 through 01/05 - No Classes – Holiday

## **NURSE'S NOTES**

An apple a day may be a good start toward a healthy life style, but it takes a number of other good health habits. A healthy diet with breakfast every morning, adequate rest, exercise, and plenty of water to drink are also important for children and adults. This web site <https://kidshealth.org/en/parents/general/?WT.ac=p-nav-general> has some good health information that parents, kids, and teens can use to answer health questions. Check out this site for keeping healthy this winter season:



<https://healthfinder.gov/HealthTopics/Default.aspx>  
Immunizations can also help prevent illness. Don't forget to make sure your child's immunizations are up to date before exclusion day, February 19, 2020.